



PACKING LIST

Here is what you *should* bring to camp:

CLOTHING FOR A WEEK (pack for 7 days so you have extra clothing)

- 7 pairs of shorts
- 7 t-shirts (Packing tip - Put 1 outfit into 1 gal. ziplock bag - camper has outfits made and when they change they put the dirty clothes back in their bag)
(Please make sure that designs and themes on clothes are appropriate for Christian Camp and that all items have been labeled with the camper's name.)
- 9 pair of socks & underwear (a week's worth + a few extra)
- 2 pairs of sneakers/closed-toe shoes (We do a lot of walking!)
- Raincoat/ Poncho / or umbrella
- warm clothes for chilly nights (2 sweatshirts & sweatpants or Jeans)
- Flip flops/sandals for shower & waterfront
- Water Shoes (optional but very helpful at the waterfront. The swim area has many small rocks)
- Pajamas (2 sets)
- Hat/visor (we are in the sun a lot a hat is essential)
- 2 - 3 modest bathing suits

ITEMS FOR THE CABIN

- Twin fitted sheets or Sleeping Bag
- Bag for dirty clothing (if you did not pack outfits in gallon bags)
- Pillow
- Stuffed animal or security item (optional)
- Extra Blanket

BATH/HYGIENE

- Toothbrush & Toothpaste
- Hair Elastics, headbands, & bandanas (if needed)
- Shampoo/Conditioner
- Bath Towel & Washcloth
- Soap/Body wash
- Deodorant
- Hairbrush

OTHER ESSENTIAL ITEMS

- Bible, Notebook, and Pen / Pencil
- Water Bottle**
- Beach Towel
- Daytime bag / backpack** (small-medium)
- Sunscreen
- Envelopes, Stamps, stationary (for writing home)
- Bug repellent
- Flashlight

MEDICATIONS (ALL MEDICINE {Prescription & over-the-counter meds} must be given to the camp nurse at check-in & **must be in ORIGINAL PACKAGING.**)

SELF-ADMINISTERED MEDICINES – RESCUE INHALERS, INSULIN, SEIZURE MEDS, EPI PENS – REQUIRE AN ACTION PLAN FROM YOUR DOCTOR TO BE ON FILE WITH THE NURSE.)

DO NOT BRING CELL PHONES, ELECTRONICS, OR VALUABLES

We will have many opportunities to enjoy God's creation and community during your week of camp this summer. Camp is not a safe nor appropriate place for electronics and valuables. **For many reasons, electronics (including cell phones and smart watches that take photos) and valuables are not permitted at China Lake Camp.** Items of this nature are subject to removal and will be given back only at the end of camp.

